



# IMPACT report

○ VOLUME 2 | ○ SPRING | ○ 2022

HELPING NEIGHBORS IN NEED



## THANK YOU FOR HELPING OUR NEIGHBORS PUT FOOD ON THE TABLE

Did you know that 25,400 adults and 5,600 children in Boulder County worry about running out of food?

Thankfully, food banks like EFAA's exist to help our neighbors meet their immediate needs for healthy food. Here's how your support helps fight hunger in our community.

Last year, nearly **15,000 VISITS**  
were made to EFAA's food bank



**63 POUNDS WORTH \$103**

average pounds of food and value per visit

**53%** of surveyed  
participants get over  
1/2 of their food  
from EFAA



**1,119,656  
MEALS** for  
families in  
Boulder County



To put it simply: with  
EFAA's food bank, I eat.  
Without EFAA's food bank,  
I wouldn't eat."

-EFAA Participant

# "Quick Bites" – SNAP EDITION

SNAP is an important way for people experiencing hunger, including many EFAA participants, to meet their nutritional needs.

## What is SNAP?

SNAP, which stands for "Supplemental Nutrition Assistance Program", is a federal program that helps millions of low-income families put food on the table.

## How does it work?

People who receive SNAP get monthly benefits on an electronic benefits transfer (EBT) card, which can be swiped just like a debit card. This EBT can be used at grocery stores to buy most food items of their choice, including fresh fruits and vegetables, meat, dairy, snacks, and non-alcoholic drinks.

## Why do we need SNAP?

SNAP benefits empower families to meet their nutritional food needs in a non-stigmatized way. Together, SNAP and EFAA's food bank help address hunger in our community.

## What is EFAA doing to support SNAP?

EFAA's Strategic Education Committee just signed onto the Colorado Center for Law and Policy (CCLP)'s letter to the joint budget committee of the state legislature in support of increased funding to help get more people signed up for SNAP. With this funding, an outreach ambassador could come to EFAA and help participants sign up for SNAP benefits. This would reduce participant barriers to access these benefits, including information, language, and the application process.



Follow @efaa\_boulder on Twitter to stay up to date on EFAA's public policy issues.



**SNAP** serves nearly **500,000** individuals in Colorado.



**32% of EFAA's food bank visitors in 2021 were approved** for SNAP. While seemingly low, many participants may not qualify for SNAP yet are still food insecure due to their income levels or documentation status.



**\$128 – average monthly** SNAP benefit for each household member.

Together, we have been meeting our community's crucial needs during this crisis. As demand continues, we thank you for your ongoing support as people work to get back on their feet.



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