



EFAA NEWSLETTER

- From Participants For Participants -

EFAA 1575 Yarmouth Avenue, Boulder CO 80304 303.442.3042 www.efaa.org

Spring is here!

Spring is showing its first signs, so it's time to start thinking about gardening, cleaning, recycling and letting go! Read on for a few ideas to get you started!

Western Disposal has a spring round-up: 5 items hauled away for \$99, just call by **April 30th** to schedule your pick up!



Year round they recycle electronics, small and large appliances, mattresses, furniture, etc. and paper shredding is done onsite. 40% discount for Boulder residents on some items, see their website for prices.. You can pick up mulch or drop off compost, wood, yard waste at 2051 63rd St, Boulder, 7am-5pm M-F, or 7am-2pm on Sat. www.westerndisposal.com

PLAYBoulder is hosting a "Tree seedling giveaway" starting at 8 a.m. on Saturday, April 27, at McGuckin Hardware (2525 Arapahoe Ave) on a first come, first "treed" basis! www.playboulder.org

Help us spread the word!

Are you an outgoing person and passionate about EFAA's work? We have the ideal volunteer opportunity for you: become an **EFAA Outreach Ambassador!**

In this flexible volunteer position you can help us **spread the word about our programs and services at events** throughout our community. Most events are evenings and weekends, and you can decide based on your availability for a particular day.



Growing Gardens has 7 wonderful community garden spaces in Boulder. Their "Food Project" promotes food security by donating seeds and seedlings (Spring & Summer) and a "work trade program" offering 2hr shifts at the farm in exchange for \$25 worth of veggies! Check out their website for classes, garden, pick up seeds/plants, join a CSA (get a box of produce weekly), visit the goats or even buy the kids when they're born in March! Check out their "Gardening 101" class to get you started! growinggardens.org

If you've been hibernating and want to do something different and affordable, a quick internet search will give you all the information to take advantage of the **free admission days** for State & National Parks, museums, botanical gardens, Zoo, star-gazing & more!



We are particularly interested in recruiting more bilingual English/Spanish volunteers but this opportunity is open to everyone with a passion to helping spread the word about EFAA!

Interested? Reach out to Ana ana@efaa.org with questions or to indicate your interest. Thank you for considering this opportunity!

The Food Bank can use your **empty 12-egg egg cartons** for distributing eggs that come in bigger cartons. Just bring them next time you visit EFAA!



THANK YOU!

EFAA's Calendar Corner

EFAA will be closed the first week in July



EFAA 's food bank and offices will be **closed July 1 to 5, 2024** and will reopen for services July 8 for regular service hours. Happy 4th of July!

Seedling Giveaway at EFAA's Food Bank

Want to get your garden started? Come to the Food Bank on **May 22nd** and get some free seedlings and seeds!



Summer resources for kids



[Summer EBT](#) is a new EBT program that will make a single payment of \$120 for each eligible child. Eligibility is automatically determined by whether students receive free or reduced-price school meals or if their families receive SNAP, Colorado Works or Medicaid benefits. Make sure your correct mailing address is on file as an EBT card will be mailed to each eligible student and there is no application. Summer EBT payments will begin being sent in early summer 2024. For more info call the Food Resource/SNAP help Hotline 855-855-4626 or visit cdhs.colorado.gov/summer-ebt

[Boulder County Housing and Human Services](#) can help with food assistance (Supplemental Nutrition Assistance Program), housing resources, health coverage (Health First Colorado, Colorado's Medicaid program, Child Health Plan Plus, and private health insurance through Connect for Health Colorado) and financial assistance (Temporary Aid to Needy Families/Colorado Works). Phone: 303-441-1000 Text: 303-441-1069. [Boulder County Child Care Assistance Program \(CCAP\)](#) provides financial assistance to eligible low-income families who need childcare benefits for children from birth to age 12. Please note, as of March 1st, 2024, CCAP is on a new-enrollment freeze. Current enrolled CCAP recipients are not affected. New applicants can still be screened for eligibility and prioritization, which will be implemented once the enrollment freeze has been lifted and space becomes available. Temporary Aid to Needy Families (TANF) participants can still apply for and receive CCAP. For more information visit bouldercounty.gov/families/financial/child-care-assistance-program/



[City of Boulder Child Care Subsidy \(CCS\)](#) program provides financial assistance to qualifying families in Boulder, who are not eligible for Boulder County Child Care Assistance Program (CCAP). Subsidies are contingent on available funds. For more info and to apply visit bouldercolorado.gov/services/child-care-subsidy-program

[City of Boulder Parks and Recreation \(BPR\)](#) programs can be accessed through financial aid, scholarships and payment plans for eligible participants. BPR financial aid includes free entry fees and memberships at all three recreation centers, outdoor pools, and Boulder Reservoir (boats are not included). Also, up to 2 hours of childcare at North Boulder Recreation Center while you participate at the center and 50% discount on eligible programs and services up to \$400 annually. For more info: bouldercolorado.gov/services/parks-and-recreation-financial-aid-program

Note: BPR 2024 summer camps filled up within 5 minutes after the Rec Guide was released in January, so plan ahead for 2025.

[City of Boulder EXPAND program](#) is a highly subsidized, often very affordable program through the Boulder Rec Centers aimed at enhancing the lives of **people with disabilities, of all ages**, through the fun of recreation while promoting development and growth. Registration for summer will begin May 7 at 8:30 am. The summer rec guide is posted online. For more information go to www.bprexpand.org or email Lori Goldman at goldmanl@bouldercolorado.gov



[YMCA](#) accepts unlimited CCAP to currently enrolled families for most summer camps and childcare programs and can also provide financial assistance when CCAP is unavailable. The Y does not inquire about citizenship status during this process. This financial assistance is available for membership, sports programs, swim lessons and the Boulder Y's new early childhood education programs, which provides full-time care for little ones ages 6 weeks to 6 years. For more information www.ymcanoco.org



[PLAYpass](#) awards eligible participants \$250 towards the cost of registration and/or participation in PLAYpass-approved sports or recreation facilities. Summer/Fall applications Open Wednesday, May 1, 2024 through Wednesday, June 5, 2024. For more information, visit: www.playboulder.org/playpass