



Cindy's Fading Vision

Basic Needs - How EFAA Helped

- Cindy received help from EFAA's vision assistance fund
- EFAA couldn't cure her eviction demand as it was too late. EFAA provided hotel assistance while she waited to enter EFAA's housing program.
- EFAA referred Cindy to Benefits in Action. Cindy was approved for Social Security Income to cover her basic needs. EFAA helped cover these expenses while she waited for her disability approval.
- EFAA referred Cindy to Clinica and mental health partners.

Basic Needs - A Deeper Look

Financial Assistance

EFAA offers financial assistance for critical necessities to help stabilize households and prevent homelessness. Direct financial assistance is available to qualifying households helping to cover things like:

- Deposits or rental/mortgage payments for housing
- Mobile home taxes or liens
- Upcoming minor medical, dental or vision expenses
- Upcoming minor car repairs
- ID cards or birth certificates
- Bus tickets
- Hotel vouchers for short-term stays for families experiencing homelessness

EFAA may also help participants connect with other organizations and resources for needs outside of EFAA's services. This can include things like childcare, job training, home repair, healthcare and financial guidance. Learn more at <https://www.efaa.org/get-help/financial-assistance/>

EFAA also connects participants to partner's resources: Energy-based utility bill assistance through Energy Outreach Colorado. <https://energyoutreach.org/>

Housing Stabilization Program in partnership with the county <https://www.efaa.org/get-help/family-housing/>



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Economic Empowerment - How EFAA helped

- EFAA connected Cindy to free tax preparation services to receive tax credits she was eligible for.



Economic Empowerment - A Deeper Look

EFAA connects participants to several government, non profit or private services who offer programs for job-skills training and supportive services to enter the work-force. EFAA helps them identify their best option, supports them with the application form and program's fees (up to certain amount).

EFAA connects participants to TaxHelp Colorado [COLORADO VITA - Home](#). They offer free income tax preparation for those who qualify.

<https://www.efaa.org/get-help/economic-empowerment/>



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Food Bank - How EFAA Helped

Due to Cindy's vision loss driving is not possible any longer. Cindy is now part of the home delivery program, she receives food deliveries to her home every other week. These deliveries are done by EFAA's dedicated volunteers.

Food Bank - A Deeper Look

EFAA's food bank helps families, older adults, and people with disabilities access healthy and nutritious foods. EFAA distributes more food than any other food bank:

- Last year EFAA distributed 1.3M meals. That is an average of 600lbs of food per household at a value of \$1,182. 88% of EFAA Participants said the Food Bank helped them save money and eat healthy.
- Every month, over 1,700 households come to EFAA for food assistance
- Average 67 lbs of food per visit = 55 meals and \$132 of savings on grocery costs
- Over 150 volunteers are needed every week
- 80% of food is donated to EFAA, 20% is purchased by EFAA
- We are open every day Monday through Friday for donations and distribution
- Participants self-shop in our food bank similar to a small grocery store. This allows participants to choose the foods they would like in a dignified way
- We also offer home delivery for participants that have a medical need
- We also offer grocery pick-up for participants who can't shop during our normal hours
- EFAA offers healthy choices, fresh produce, and culturally relevant products

<https://www.efaa.org/get-help/food-bank/>



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Cindy and her daughter are doing really well. Cindy is learning new art techniques adapted for her vision loss. They are in stable housing and are working to get back on their feet under their new life circumstances. EFAA's happy to keep supporting Cindy and her daughter in their journey.

You walked in Cindy's shoes today, what would you do if you faced a disability that threatened the financial security of you and your family. How would you cope?

Check out the various ways you can Take Action and support your neighbors facing these types of challenges.